GATES COUNTY SCHOOL NUTRITION MENU AUGUST 2025

			Monday	Tuesday	Wednesday	Thursday	Friday
	y Public School	s	-				·
	trition Menu ust 2025						
Aug	ust 2023						
SCHOOL SCHOOL	KOL						
FRESH FRUIT SERVED DAILY							
Second Choice Offerings Include Vegetable and Fruit of the Day:							
Monday-Mozzarella Sticks/ Marinara Sauce Tuesday- Nachos w/ Cheese Sauce Wednesday Turkey & Cheese Croissant w/ Baby Carrots Thursday- Peanut Butter & Jelly Friday- Mozzarella Sticks w/ Marinara Sauce							
Pizza Served Daily @ Central Middle and Gates County High School.			25 Breakfast Super Donut/ Strawberry Yogurt Diced Pears Fruit Juice Cold Milk	26 Breakfast Cinnamon French Toast/Strawberry-Banana Yogurt Applesauce Fruit Juice Cold Milk	27 Breakfast Southern Chicken Biscuit Sliced Orange Wedges Fruit Juice Cold Milk	28 Breakfast Krispy Bacon /Scrambled Eggs/Hash browns/Biscuit Applesauce Fruit Juice Cold Milk	29 Breakfast Homestyle Pancakes/Sausage Pineapple Tidbits Fruit Juice Cold Milk
Peanut Butter and Jelly Sandwiches available upon request @ all Schools.							
Meal Pattern Daily Offerings			Lunch	Lunch	Lunch Chili Cheese Hotdog	Lunch	Lunch Chicken & Dutch Waffle
Food Comp	Breakfast	Lunch	Smash Bacon Cheeseburger French Fries Baked Beans Fruit Salad Cold Milk Welcome Back Treat	Stuffed Crust Pizza Sweet Potato Fries Steamed Broccoli Sliced Peaches Cold Milk	Smiley Fries Green Peas Sliced Carrots Diced Pears Cold Milk	Spaghetti w/ Tomato Meat Sauce Wheat Roll Tossed Salad Corn on Cob Baked Cinnamon Apples Cold Milk	French Fries Glazed Carrots Fruit Salad Cold Milk
Milk	8oz	8oz					
Vegetable/ Fruit	1/2 + 1/2 = 1Cup	$\frac{1}{2} + \frac{1}{2} = 1$ Cup					
Grains	1 grain	1grain					
Meat/ Meat Alternate	1oz	2oz	1 Teat				